



"The experience has widened her view of the world and her desire to enter it fully and take part in whatever life offers - it really has widened her horizons."

**Enable User**

"I am 14 years old. I don't really go out much and home is my favourite place. My mom has been nagging me to go out more and make friends but I just don't know how to and I don't really like leaving my mom. A few months ago my mom found out about a project called 'Circles of Support' and referred me to it. I was a little nervous about it all but when I actually met the volunteers I had a lot of fun. It was really good because the volunteers came around my house and we played 'Question Jenga' which allowed us to learn about one another. My new friends were really funny and asked me lots of questions.

We made a plan at the end of our circle meeting and they are going to help me to learn how to ride a bike. This means my bike will no longer be collecting cobwebs in the garden shed! We are also planning on going to the cinema which will be cool because I have never been without my mom."

**Circles of Support User**



"I was in a show and the volunteers came to support me. This made me feel really good about myself because no one comes to watch me in my shows other than my family. It was good to know that they care outside the circle meeting."

**Circles User**



"Extremely sensitive to the needs of our young people and encouraged and enabled them to learn new skills and succeed"

**Boat User**



September 2011

## Dear Friends and Supporters of ReachOut Plus

### ReachOut Plus £3 per month appeal

You will be aware that the current financial climate is having a huge effect upon the voluntary sector and that we are all having to work twice as hard for every pound we need. It is especially difficult to secure funding from the statutory sector and those that were maintained from such sources are having to face cutbacks and even the complete withdrawal of funding. The knock on effect is that those Charities are desperately seeking funding from grant making trusts (our single largest supporter base) and are besieging trusts with requests for funding. This means that often our own excellent applications are being refused or reduced in size in order to support charities under threat of closure.

We are already doing some great work and want very much to increase the number of people we work with as well as the level of service we can offer to each of them. In order to do that we need your help.

Can you afford £3 per month? It's the price of a pint, an M&S sandwich or a home fashion magazine (!). If you can, please consider making a donation of £3 per month to ReachOut Plus. We need to diversify our income and we need especially a small amount of support from lots of people and not just a lot of support from a few (although we wouldn't say no!). The standing order form is attached to this letter. Please send it in if you can, as soon as you can!

We work with 4,000 people per annum and especially with young people and those with special needs and disabilities. 2% of the population are born with a learning disability – that's around 20,000 in Herts, 10,000 in Beds and about 45,000 across North London. We want to extend our services into Bucks and Northants too and are aware of only touching the tip of the iceberg. We have ambitious plans for the future to help create more opportunities to change more people's lives. That includes providing more and larger canal boats, extending existing projects and programmes and introducing new ones.

Please help if you can – and do send this on to anyone else you think might want to help. Thank you.

Yours sincerely,

*Ron Overton*

Ron Overton  
Director

# Giving to ReachOut Plus

Your gift is valuable to us



## £3.00 a Month Appeal

### STANDING ORDER FORM

#### Donor's Details:

Title \_\_\_\_\_ Forname \_\_\_\_\_ Surname \_\_\_\_\_

Home Address:

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Postcode:

Telephone no:

Email:

Please tick box if you wish to Gift Aid you Donation

#### Instruction to your bank:

To: \_\_\_\_\_ (Bank/Building Society)

Bank's address:

Account No: \_\_\_\_\_ Sort Code: \_\_\_\_\_

The sum of £ \_\_\_\_\_ (figures) \_\_\_\_\_ (words)

On the \_\_\_\_\_ day of \_\_\_\_\_ (month) \_\_\_\_\_ (year)

Each year/quarter/month\*until further notice.\*delete as appropriate

Signature:

Date:

Please notify ReachOut Plus if you:

1. Want to cancel.
2. Change your name or home address.

*creating opportunities that change people's lives*

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