



footprints

walk and remember

5 Mile Family Fundraiser for Cruse Bereavement Care Hertfordshire Saturday 19th May 2012 – 10am

Will you help? Every year Cruse Herts needs to raise approximately £50,000 to enable us to continue our work with the bereaved.

Our Footprints memory walk will be a fantastic day out for all the family. It will provide walkers with the opportunity to remember loved ones as each walk is dedicated to the person of your choice.

To take part in our sponsored walk, simply complete the form overleaf. We'll send you everything you need to enjoy your walk and to raise money for our vital work.

Starting from The Priory in Ware the walk will form a scenic 5mile/8km loop around Ware and Great Amwell. There will be an opportunity for a picnic at the end or lunch in a local pub.

To find out more call Clair on 01707 269 497 or email office@cruse-hertfordshire.org.uk



Cruse Bereavement Care is a
registered charity (no. 208078).
www.crusebereavementcare.org.uk

Registration form

Saturday 19th May 2012 - Ware, Hertfordshire

Please note that this walk is a ramble across the countryside and is not suitable for wheelchairs or pushchairs – all walkers will need to dress appropriately and will be asked to sign a disclaimer form. Well-trained dogs, on leads, are welcome.

Note: If you are walking as part of a group please photocopy this form and return one for **each** of your group, including children.

Your details: *

Title:
First name:
Surname:
Address:
Postcode:
Phone:
Mobile:
Email:

Registration fees:

Please tick one:

- £10 for adults
- £5 for under 18's (Children may take part in this event if accompanied by a guardian)

Please send form with a cheque payable to 'Cruse Bereavement Care Hertfordshire' to the address below.

Further information, your identifying number and a memory label will be sent out to you on receipt of your registration fee.

About you:

Are you a volunteer with Cruse? Yes/No

Have you ever used the services of Cruse? Yes/No

* By giving us your details, you agree that we may use them to send you information about our work, campaigning, fundraising and other activities. Please tick this box if you do not wish to receive further information from Cruse Bereavement Care Hertfordshire

Please return to: Cruse Bereavement Care Hertfordshire
The Old Courthouse, St Albans Road East, Hatfield, Herts AL10 0ES
Tel: 01707 269 497 office@cruse-hertfordshire.org.uk www.cruse-hertfordshire.org.uk

Walk organised with the kind help of volunteers of the East Herts Ramblers www.easthertsramblers.co.uk

Office Use:

Paid Y/N Further details sent Y/N Participant Number allocated: _____

